

Thick-It® Canned Puree,  
Salisbury Steak

# Nutrition Facts

about 5 servings per container

**Serving size** 1/3 cup (79g)

**Amount Per Serving**

**Calories** **150**

% Daily Value\*

**Total Fat** 10g **13%**

Saturated Fat 4g **20%**

*Trans* Fat 0.5g

**Cholesterol** 60mg **20%**

**Sodium** 220mg **10%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 14g **28%**

Vitamin D 0mcg **0%**

Calcium 18mg **2%**

Iron 2mg **10%**

Potassium 212mg **4%**

Vitamin C **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.