

# MOM Chicken Mediterranean

## Nutrition Facts

1 servings per container

**Serving size** 1 Pouch (283g)

**Amount Per Serving**

**Calories** **330**

**% Daily Value\***

**Total Fat** 11g **14%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 55mg **18%**

**Sodium** 450mg **20%**

**Total Carbohydrate** 36g **13%**

Dietary Fiber 5g **18%**

Total Sugars 6g

Includes 1g Added Sugars **2%**

**Protein** 21g

Vitamin D 0mcg **0%**

Calcium 90mg **6%**

Iron 2.5mg **15%**

Potassium 720mg **15%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.