

SCHÄR

BACI DI SAVOIARDI

Ingredients: 1 packet of Savoiardi (Schär Ladyfingers), 6 small cups of coffee (poss. decaffeinated), 150 gm dried coconut flakes, chocolate spread (Nutella) as desired.

Preparation: spread the chocolate cream on a sponge finger and sandwich together with a second biscuit. Soak in the coffee and then roll in the coconut flakes. Prepare the rest of the ingredients in the same way. Place in the fridge until ready to serve.

Nutritional values/100g

protein 4,4 g fat 21 g carbohydrates 46,7 g Kcal 389 Kj 1636