

Schar Artisan White Bread

Nutrition Facts

7 servings per container

Serving size 2 slices (57g)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 28g **10%**

Dietary Fiber 5g **18%**

Total Sugars 2g

Includes 2g Added Sugars **4%**

Protein 2g

Vitamin D 3.1mcg **15%**

Calcium 10mg **0%**

Iron 0.7mg **4%**

Potassium 50mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.