Thick-It Omelet Puree

Nutrition Facts

Serving Size 1/3 cup (79g)
Serving Per Container 5

Amount Per Serving

Calories 130 Calories from Fat 80

	% Daily Value *
Total Fat 9g	**14**%
Saturated Fat 3.5g	**18**%
Trans Fat 0g	
Cholesterol 100mg	**33**%
Sodium 340mg	**14**%
Total Carbohydrate 5g	**2**%
Dietary Fiber 0g	**0**%
Sugars 0g	
Protein 9g	

Vitamin A 8%	Vitamin C 0%
Calcium 6%	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.