## Pacific Organic Oat Original trition Farte

Nutitio	II Facts
4 servings per conta	ainer
Serving size	1 cup (240ml)
Amount Per Serving	120

Amount Per Serving	400
Calories	130

Calories	130
	% Daily Value
Total Fat 2g	3%

Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	

Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Podium 105mg	E0.

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Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbabudrata 05a	00

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Sodium 105mg	5%
Total Carbohydrate 25g	9%

Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
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Dietary Fiber 2g	7%
Total Sugars 17g	
Includes 17a Added Sugare	2/10/

Dietary Fiber 2g	7%
Total Sugars 17g	
Includes 17g Added Sugars	34%
<b>D</b>	

34%
2%

Total Sugais 179	
Includes 17g Added Sugars	34%
Protein 4g	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.

10% 10%

8%

2%

Vitamin D 2mcg

Calcium 120mg Iron 1.3ma

Potassium 130mg