

FOW - Brown Rice Flour

Nutrition Facts

Serving Size 3 Tbsp (31g)

Serving Per Container about 146

Amount Per Serving - Prepared

Calories 110 Calories from Fat 10

% Daily Value *

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 24g **8%**

Dietary Fiber 1g **4%**

Sugars 0g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.