

Appleways  
Blueberry Lemon Crispy Bites 1.0 oz

# Nutrition Facts

1 servings per container

**Serving size** 1 pouch (28g)

**Amount Per Serving**

**Calories** 120

% Daily Value\*

**Total Fat** 4g 5%

Saturated Fat 0.5g 3%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 70mg 3%

**Total Carbohydrate** 21g 8%

Dietary Fiber 2g 7%

Total Sugars 8g

Includes 7g Added Sugars 14%

**Protein** 2g 4%

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 1mg 6%

Potassium 61mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.